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Pre-Surgery Guidelines

Please follow these guidelines to prepare for your surgery:

- Unless otherwise instructed, no food or drink after midnight. That includes gum, mints, chew, and cigarettes.
- If there is a possibility that you will be going home the same day as your procedure, you **MUST** have someone to drive you home (or to a motel) and stay with you until the next morning.
- If you are staying overnight, your family/friends will be responsible for all of your belongings brought with you until you get to your room after surgery. There are lockers available for those who are going home the day of surgery.
- No jewelry can be worn (rings, watches, necklaces, bracelets, and all piercings) due to infection risks. It is also recommended not to bring these valuables with you to the hospital.
- If you wear contacts, glasses, hearing aids or dentures, please bring them with you as well as the cases for their protection.
- If you develop a cold, fever, flu or open sore please notify us prior to your procedure.
- If you are on a blood thinner (examples: Coumadin, Lovenox or Plavix) you need to consult with your primary care physician 5-10 days prior to your procedure.
- To prevent scratching or damage to your eyes, eye makeup should not be worn.
- Wear loose, comfortable clothing (something easy-on, easy-off.)
- If you are a female of child-bearing years and have not had a hysterectomy, a pregnancy test will be performed.
- Your physician may order some pre-surgical testing depending on your medical conditions. Many patients will need an EKG. If you have had one within the last 30 days, please let us know so that we can acquire a copy of it.

Thank you for choosing Surgical Associates, PC for your care. For prescription requests/refills (including narcotics) or general questions please call our office during regular business hours; Monday-Thursday 8:00am-5:00pm and Fridays 8:00am-2:00pm.

A surgeon is on-call after hours for emergent care. However, pain medication (narcotics) will not be provided after hours.