



## Pre Surgical Guidelines

- Unless otherwise instructed, no food or drink after midnight. That includes gum, mints, chew, or cigarettes.
- If there is a possibility that you will be going home the same day as your procedure, you **MUST** have someone to drive you home (or to a motel) and stay with you until the next morning.
- If you develop a cold, fever, flu or open sore please notify us prior to your procedure.
- If you are on a blood thinner (examples: Coumadin, Lovenox or Plavix) you need to consult with your primary physician 5 to 10 days prior to your procedure.
- No jewelry can be worn (rings, watches, necklaces, bracelets, and all piercing) due to infection risks. If you wear contacts, glasses, hearing aids or dentures, please bring them with you, as well as cases for their protection. If you are staying overnight, your family/friends will be responsible for all of your belongings brought with you until you get to your room after surgery. We have lockers for those who are going home the day of surgery.
- To prevent scratching or damage to your eyes, eye makeup should not be worn
- Wear loose, comfortable clothing (something easy-on, easy-off).
- If you are a female of child-bearing years and have not had a hysterectomy, a pregnancy test will be performed.
- Your physician may order some pre-surgical testing depending on your medical conditions. Many patients will need an EKG. If you have had one within the last 30 days, please let us know so that we can acquire a copy of it.